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# M. A. SELBERT,

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(Written for the Roundabout.)  
FOR THE TEACHERS—TUESDAY.

Generally speaking, this day is one of assured calmness. Things move along very smoothly, and the children assume airs of angels. Lambs at play could not be so evenly disposed, and the art of teaching appears to be one, if not the most desired, vocations a person could choose to follow. If it is winter weather, at least cold weather, even the fire burns with added brightness, and the room seems to be heated with less difficulty than on the yesterday. If the instructor has on a pretty colored waist and becomingly arranged hair she will have a hundred points added in favor of increased respect in her own estimation, and two hundred in the eyes of the children.

If the teacher is masculine he must see to the little details of dress, regarding his collar, cravat, and shoes. These small consequences are worth untold value to the possessor of tact and neatness, both of which, in all seriousness should by all means become habitual.

Taking up the regular text-book recitations—in an ungraded country school means work. To arrange classes, to specify lessons, and supplement a regular amount of duty to the individual child requires legal arbitration, and an extra amount of common sense and judgment commensurate with the occasion. It appears impossible,

## STRONG Again



is what Mrs. Lucy Stovall, of Tilton, Ga., said after taking Kodol Dyspepsia Cure. Hundreds of other weak women are being restored to perfect health by this remedy. YOU may be well if you will take it.

Indigestion causes nearly all the sickness that women have. It deprives the system of nourishment and the delicate organs peculiar to women suffer—weakness, and become diseased.

## Kodol Dyspepsia Cure

enables the stomach and digestive organs to digest and assimilate all of the wholesome food that may be eaten. It nourishes the body, and rebuilds the weak organs, restoring health and strength. Kodol cures indigestion, constipation, dyspepsia, sour risings, belching, heartburn and all stomach disorders.

Digests What You Eat

Dollar bottle holds 3 1/2 times as much as the trial, or 50 cent size.

Prepared at the Laboratory of E. O. Sawitz & Co., Chicago, U.S.A.

For sale by J. W. Gayle.

even if it is Tuesday, to give every one of the 45—or 60—youngsters that especial attention which he or she expects.

And doubtless in looking over the papers, at night, it is frequently discovered that John or Mary were overlooked in the "A, B, C's." Up to noon recess the studies take wings and literally fly. Even the passing of the waterbucket has not occupied so much time, and the children have not spilled the water in drinking as is almost always the case, and when the hour arrives to dismiss at 12 o'clock, the result is wonderfully apparent, and the feeling is one of satisfaction.

It is a wise conclusion, in the afternoon, to mingle a pronounced effort at patriotic endeavor. Select some one to relate the recent efforts of heroic patriotism either coming under his own observation, or of newspaper fact. To direct attention to the many convocations of educational research, and to what awakening our own beloved Commonwealth is aspiring. Some writer has honestly said:

"There is no true love of race 'till you love your own land; just as there is no charity, in the wise sense of the word, till you have genuine love for those of your own family. For what else are we set in families and in nations? And how is it that we have any number of people vaguely longing to work for humanity and sentimentalizing about the 'masses' in the humanitarian cant of the day, and the mere handful of men and women ready to make their own homes the 'heaven on earth' that home ought to be—and might be! It is because we all want to begin at the wrong end, to launch out on the great undertakings before we have been faithful to the smaller duties. Because we mistook the meaning of sacrifice and choose our own way even in that, and hunger for the great, and the striking, and the finally picturesque, but are very slow to sacrifice ourselves for those akin to us, or for a cause which is unattractive, or for a unit instead of a vague multitude."

This is a great lesson to inculcate on a Tuesday afternoon. The divine attribute of cultured politeness—the exquisite gift of reverence for older folks; and the innate output of a studied patriotic exercise beginning at home; worked out in school; followed through life, and ending only in death.

"Such stuff as dreams are made of" will come daily to be woven in the woof and warp of every teachers character.

To sow a thought! What a wonderful sowing—a thought. It seems so small an undertaking, and yet its design and destiny, on this eventful day, signifies eternity.

You come up out of a thought

—through every undertaking. It is the driving wheel, so to speak, in the machinery of brain power and you, my friend, can be a master-builder in the world for God. Your materials—children—flesh and blood—brain corpuscles, heart dynamics, soul, soul-cleaning in His name.

Reaping an act, almost instantly the account begins. Speak to an echo and the same language is repeated word for word. Herein can be laid the "Golden Rule" foundation, "Whatsoever ye would that men should do to you do ye even so unto them," and the child can readily comply with the requirements of the act. "Sow an act and reap a habit." Oh, is this the outcome? 'Tis; and the habit is so quickly formed that even a promise made to break an evil one will hardly ever be kept. Teach the children the wise habit of correct carriage and punctual promptings. Early hours, and the practical use of the five senses—especially of pleasant attention, when one is conversing. Tuesday afternoon is a good time to commence a habit calendar.

"Sow a habit and reap a character." Herein lies the benefit of the thought evolution. What you can accomplish, what can be done to the being formed under your care and teaching.

Here you, my sister teachers, have been worrying about small wages, short terms, and idle afternoons, when the gentle teacher, Christ Himself, who sent you on the journey, had small reward. Take up the work for the day with firmer resolve. Be true to yourselves, be honest with the children, and once sure of God's will, we need not trouble about the rest.

N. S. COX.

### STARVING TO DEATH.

Because her stomach was so weakened by useless drugging that she could not eat. Mrs. Mary H. Walters, of St. Clair St., Columbus, O., was literally starving to death. She writes: "My stomach was so weak from useless drugs that I could not eat, and my nerves so wrecked that I could not sleep; and not before I was given up to die was I induced to try Electric Bitters; with the wonderful result that improvement began at once, and a complete cure followed." Best health tonic on earth. 50c. Guaranteed by all druggists.

### CLIMATIC CURES.

The influence of climatic conditions in the cure of consumption is very much overdrawn. The poor patient, and the rich patient too, can do much better at home by proper attention to food digestion, and a regular use of German Syrup. Free expectation in the morning is made certain by German Syrup, so is a good night's rest and the absence of that weakening cough and debilitating night sweat. Restless nights and the exhaustion due to coughing, the greatest danger and dread of the consumptive, can be prevented or stopped by taking German Syrup liberally and regularly. Should you be able to go to a warmer climate, you will find that of the thousands of consumptives there, the few who are benefited and regain strength are those that use German Syrup. Trial bottle 25c; regular size, 75c. At all druggists. 1 yr.

## Trees. Plants. Vines

For the Spring of 1906 the  
BLUE GRASS NURSERIES,  
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Offer a full stock of Fruit and Ornamental Trees, Evergreens, Shrubs, Strawberries, Grape Vines, Small Fruits, Rhubarb, Asparagus, etc. We employ no agents. Strawberry and General Catalogue on application to M10-3m\* H. F. HILLENMEYER SONS.

## IMPORTANT CHANGE.

Louisville, Henderson  
and St. Louis Railway,

### "HENDERSON ROUTE."

On and after April 1, 1906, all trains of this Company will arrive at and depart from 10th Street Station, Tenth and Broadway, instead of from Seventh Street Depot (formerly Union Depot), Louisville, Ky.

L. J. IRWIN,  
General Passenger Agent,  
Louisville, Ky.



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By the Magnificent Steamers of the WHITE STAR LINE

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Special Rates to Societies. Close connections at Detroit with steamers for Buffalo, the "Soo," Duluth, etc. For further information see nearest Railroad Agent or write O. F. BIELMAN, Tr. Mgr. W. H. GOLDEN, D.P. & S.A. DETROIT, MICH. TOLEDO, O.

WANTED—District Managers to post signs, advertise and distribute samples. Salary \$18 weekly, \$3 per day for expenses. State age and present employment. IDEAL SHEAR CO., 39 Randolph St., Chicago. 20-4m.

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